

Blessed Dominic Catholic Primary

Love - Learn - Believe



Newsletter



Autumn issue 5 - 3rd October 2025

Headteacher: Mrs Hourihan

Deputy Headteacher: Ms Sulis

Diary dates

Wednesday 8th October - African Drumming Years 4,5 and 6
Friday 10th October - 6B School Trip
Friday 10th October – 6B RAF Museum Trip
Tuesday 14th October – 3B Pizza Express Trip
Wednesday 15th October – Whole School Flu Vaccination
Wednesday 15th October – Phonics Workshop for Year 1 Parents 2.30pm
Friday 17th October – Photograph Day Individual and Siblings
Tuesday 21st October – Parent Consultation Evening 3.30pm – 6.30pm
Wednesday 22nd October – Parent Consultation Evening 4.00pm – 7.00pm
Friday 24th October – 6D RAF Museum Trip

Dear parents and carers,

Thanks to the small group of parents that attended the Macmillan coffee morning today we raised £291 for a wonderful charity. I announced this morning that we will be launching our new parent app which will enable you to find all of our school information in one place.

You will receive an email inviting you to download our school app and activate your account. You will need to ensure you have push notifications turned on to receive messages from us. You will be able to search for a message or check dates for upcoming events.

Using the app you will be able to report any absences or inform us of any medical appointments long with evidence. You will be able to provide consent for trips etc via the app reducing our carbon footprint and supporting our Catholic Social teaching of 'Care for creation.'

On Monday we will be launching the booking service for parents consultations which take place on Tuesday 21st and Wednesday 22nd October.

Mrs Hourihan

Attendance

Daisies 98%	Bluebells 95%
1B 98%	1D 98%
2B 96%	2D 97%
3B 97%	3D 96%
4B 97%	4D 98%
5B 95%	5D 97%
6B 96%	6D 94%

**Blessed Dominic Catholic Primary School, Great Strand, Colindale,
London NW9 5PE**

Tel: 020 8205 3790 **E-mail:** office@blesseddominic.barnetmail.net

Website www.blesseddominicprimary.co.uk

Celebrating Success

Star Worker



Daisies
Bluebells -
1B -Margaux
1D Jayden
2B Whole Class
2D Reign
3B Rithwik
3D Brian and Hannah
4B Daryna
4D Jude
5B Valentina
5D Arvin
6B Radin
6D Mateo

Team Player



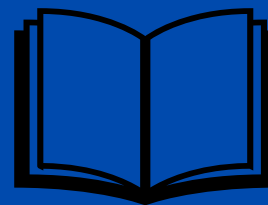
Daisies
Bluebells
1B - Eliza-rae
1D Ava
2B Alisa
2D Evan
3B Thomas
3D Ezra
4B Liyat
4D Yevhenii
5B Alexandra
5D Monika
6B Ariela
6D Krishelle

Star Handwriter



Bluebells
Daisies
1B Joana
1D Carina
2B Elijah
2D Cheryl
3B Chloe
3D Skyler
4B Santiago
4D Mykola
5B Lianna
5D Bolu
6B Martin
6D Guilherme

Star Reader



Bluebells
Daisies
1B Luca
1D Eva
2B Hannah
2D Pablo
3B Sadat
3D Bruno
4B Kaleb
4D Laila
5B David
5D Stella
6B Gabi
6D Noah

**Blessed Dominic Catholic Primary School, Great Strand, Colindale,
London NW9 5PE**

Tel: 020 8205 3790 **E-mail:** office@blesseddominic.barnetmail.net

Website www.blesseddominicprimary.co.uk



**Blessed Dominic Catholic Primary School, Great
Strand, Colindale,
London NW9 5PE**

Tel: 020 8205 3790 **E-mail:**

office@blesseddominic.barnetmail.net

Website www.blesseddominicprimary.co.uk



**WHAT'S
NEW?**



WEEKLY NEWS

**WORLD'S BIGGEST
COFFEE MORNING**



A heartfelt thank you to everyone who joined us for our McMillan Coffee Morning! Your presence and support made the event truly special. It was a wonderful opportunity to come together, share some delicious coffee, and raise awareness for a great cause.

We appreciate your generosity, enthusiasm, and the positive energy you brought to the morning. Your participation helps make a real difference, and we're so grateful to have such a supportive community.

Thank you once again for your time and for making this event a success. We look forward to seeing you at our next gathering!

We raised £295

Fairtrade Fortnight at Blessed Dominic



Prospective Nursery /Reception Meetings for September 2026

WEDNESDAY 5th NOVEMBER at 5.30pm

THURSDAY 6TH NOVEMBER at 9.05am



Free Child Car Seat Safety Checks

Barnet Council is offering free child car seat checks to help families ensure their children are travelling safely.

Wednesday 8th October 2025, 10am – 3pm
Tesco car park, Coppetts Centre, North Circular Rd,
N12 0SH

A trained expert from Good Egg Safety will be on hand to check seats, fix errors and offer advice – no booking required. Experts will check your car seat even if your child isn't with you — but if they are, they can also make sure they're seated correctly and safely.

Last year, 92% of car seats checked in Barnet had errors, most of them serious enough to put children at risk of injury or death in a collision.

Unfortunately, errors on seats are very easily made, but the great news is that they tend to be easy to fix. We encourage all families who use child car seats to attend.

Safe and Sustainable Travel Team
road.safety@barnet.gov.uk

<https://www.facebook.com/goodeggsafety> or
<https://fb.me/e/9prgSJfEG>



ON BIRTHDAYS



**WE ENCOURAGE CHILDREN
TO BRING IN A BOOK TO
SHARE WITH THEIR CLASS
WHICH CAN BE ADDED TO
THE CLASS LIBRARY**

.....
**UNFORTUNATELY DUE TO ALLERGIES
WE CANNOT HAND OUT FOOD ITEMS
OR PARTY BAGS**

THANKS FOR YOUR UNDERSTANDING

AFRICAN DANCE WORKSHOP

WHAT'S
NEW?



On Wednesday years 1,2 and 3 had the exciting opportunity to fully immerse themselves in the experience by learning a variety of traditional African dance moves, celebrating the richness, vibrancy, and diversity of African culture to celebrate 'Black History Month'





Safeguarding

The wellbeing of our children is of paramount. Should any person (parent or staff) have a concern regarding a child's wellbeing, please inform one of the school safeguarding team:

- Mrs Sowa - DSL & SENCo
- Mrs Hourihan - Headteacher
- Ms Sulis - Deputy Headteacher
- Ms Smart - Assistant Head

In cases where school staff have concerns, they have a duty to discuss the issue with Social Services to seek further advice. This is the statutory obligation of all schools.



Attendance

Regular attendance plays a vital role in your child's learning and overall development. Every school day counts!

Unfortunately holidays cannot be authorised during term time and authorised absences can only be granted in exceptional circumstance. Please contact the office if you need to request an exceptional leave of absence. These will be considered on a case by case basis.

FPNs (Fixed penalty notices) can be issued for unauthorised absences and the fine is up to £160 per parent.



Uniform reminders

- Ensure ALL items of uniform are clearly labelled.
- School bags should be the school bag, plain blue or black.
- Long hair should be tied back.
- Your child must wear the school PE kit on their PE day:
 - Tuesday - Year 5, Reception, Year 6
 - Wednesday - Year 1
 - Thursday - Year 4, Year 2, Year 3
- School Uniform is available to order and buy through our 'Parent Pay' shop on our website.



SAFER SCHOOL STREET

IN OPERATION
8.15AM – 9.15AM
& 2.45PM – 3.45PM



WE REMIND ALL FAMILIES TO USE THE
P FREE PARKING AVAILABLE
AT THE RAF MUSEUM

WHICH HAS BEEN MADE AVAILABLE
EXCLUSIVELY FOR BLESSED DOMINIC
PARENTS AND CARERS DURING
DROP-OFF AND PICK-UP TIMES

FINCHLEY & MILL HILL

FOOTBALL CLASSES

FOR ALL STUDENTS AGED 3 – 15 YEARS

- FA Qualified Coaches
- Match Days
- Trophy Presentations
- Personalised Kit
- Beginner, Intermediate, and Advanced Levels

Develop your skills

Make friends

Build confidence

★★★★★
"My sons have been attending Non Stop for football lessons for the past two years and I wouldn't consider sending them anywhere else! Coaches are dedicated and passionate, the courses are well organised and you really feel part of the Non Stop family."

BOOK YOUR FREE TRIAL
020 8446 0006

NON STOPAction!
SMALL STEPS, BIG FUTURES

MGS55
MARTYN GERARD
PAUL LITTON - COACHES

WWW.NONSTOPACTION.CO.UK

FINCHLEY & MILL HILL

DANCE LESSONS

FOR ALL STUDENTS AGED 3 – 18 YEARS

- Classical Ballet
- Modern Jazz Street Dance
- Contemporary
- Acro-Dance
- Personalised T-shirt and uniform

Take Exams

perform in our Shows

Build Confidence

★★★★★
"My daughter has been dancing with Non Stop Dance! for over 7 years, and she has loved every second. The team of staff show such commitment, and the dance shows they organise every other year prove their level of dedication and how much the children love to perform!"

BOOK YOUR FREE TRIAL
020 8446 0006

NON STOPAction!
SMALL STEPS, BIG FUTURES

WWW.NONSTOPACTION.CO.UK

Want to get your child active outside of school?

Non Stop Action run academies in **Football, Dance and Acro Gymnastics**, from ages 3-16 years, based in Finchley and Mill Hill.

Our **Football classes** run on **Saturdays in Finchley** (Finchley Catholic High School (N12 8TA) and **Mill Hill** (Millbrook Park Primary School, NW7 1JF) and cater for a range of abilities, with classes to suit any child's needs! All of our coaches are FA qualified, and our twice termly match days playing against other groups in our academies are a real highlight.

Our **Dance classes** run on **Saturdays at Moss Hall Junior School** (N3 1NR) and weeknights at Millbrook Park School (NW7 1JF). We offer a range of styles including Classical Ballet, Street Dance, Modern Jazz, Acro Gymnastics, and Contemporary. We run exams every other year, enabling your child to gain awards in dance, and our whole academy puts on an amazing performance in our biannual dance show!

If you would like your child to come and try their **first class for FREE**, please get in touch with us to arrange a trial:

020 8446 0006 or info@nonstopaction.co.uk



October Camp 2025!

Non Stop Action are very excited for our October Camp 2025! We are running Multi Sports at Moss Hall Junior School (N3 1NR), **Football, Dance** and **Multi Activity Camp** at Millbrook park school (NW7 1JF).

October Camp will run from **Monday 27th - Friday 31st October**. Secure your Early Bird discount if you book before Saturday 4th October!

Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily in the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

1 UNDERSTAND WHAT GRIEF IS

Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.

2 MEET THE CHILD 'WHERE THEY ARE'

This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.

3 EXPLAIN CLEARLY WHAT DEATH IS

It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.

4 BE PREPARED FOR QUESTIONS

On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.

5 FIND WAYS TO REMEMBER THEM

It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.

6 ENCOURAGE COPING STRATEGIES

You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.

7 REACH OUT FOR SUPPORT

If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress; The Mix offers specialist support to people under 25; and Winston's Wish deals specifically with helping young people who are grieving.

SAMARITANS:
116 123

WWW.THEMIX.ORG.UK/GET-SUPPORT
0808 808 4994

WINSTON'S WISH:
08088 020 021

Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



**The
National
College®**



www.thenationalcollege.co.uk



@thenatcollege



/thenationalcollege

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 14.09.2022